

**HILLTOP AQUATIC SWIM TEAM**  
**Presents**  
**RED, WHITE & BLUE OPEN**  
**B/C MEDALS MEET**  
**JULY 1 - 3, 2009**

**Location:** American Fork Fitness Center  
454 North Center Street  
American Fork, UT 84003  
Telephone: (801) 763-3084 x-208

**Dates:** Wednesday, Thursday, & Friday, July 1 - 3, 2009

**Eligibility:** Open to all swimmers currently (2009) registered with USA Swimming. Swimmer's age as of July 1, 2009 will determine age for the entire meet. Deck registration will not be allowed. **Swimmers may not enter an event in which they have previously achieved a 2009 National "BB" time.**

**Meet Format: Wednesday, July 1<sup>st</sup> - Session #1:** Warm-up at 7:30 a.m., meet begins at 8:30 a.m.

**Thursday, July 2<sup>nd</sup> - Session #2:** Warm-up at 7:30 a.m., meet begins at 8:30 a.m.

**Saturday, July 3<sup>rd</sup> - Session #3:** Warm-up at 7:30 a.m., meet begins at 8:30 a.m.

**Entries:** Swimmers may enter and compete in **three (3) events per day, not to exceed a total of 8 individual events.** A swimmer's best time must **NOT equal or exceed the 2009 National "BB" time in any event they wish to swim.** Swimmers may enter both the Invitational and the B/C Meet, but their total entries each day may not exceed five (5) events total per day, including time trials. All times for the B/C meet must have verification of time achieved for these events to be valid. Utah Time Verification procedures will be in effect *Please specify on the entry form whether times entered are short course or long course times.* **NT's will be accepted.**

**Entry Fee:** \$3.25 per event plus \$7.00 surcharge.

**Entry Deadline:** All entries and fees must be *received* on or before *Thursday, June 18, 2009*

**Red, White & Blue Open**  
**"B/C Medals Meet"**

*Please make sure you DO NOT have a "BB" time or faster as listed below to enter this meet*

**Warm-ups: 7:30 a.m. Meet: 8:30 a.m.**

**Wednesday July 1, 2009**

*Session #1*

National Girls Boys National

"BB" time Event # Event Name Event # "BB" time

1:55.19 1 10 & under 100 Fly 2 1:53.19

1:30.79 3 11-12 100 Fly 4 1:29.49

3:02.29 5 13-14 200 Fly 6 2:51.99

2:56.19 7 Senior 200 Fly 8 2:43.19

40.79 9 10 & under 50 Free 10 40.19

36.39 11 11-12 50 Free 12 35.29

35:19 13 13-14 50 Free 14 32.79

34.49 15 Senior 50 Free 16 31.19

2:02.29 17 10 & under 100 Breast 18 1:59.79

1:41.89 19 11-12 100 Breast 20 1:40.89

3:27.99 21 13-14 200 Breast 22 3:17.19

3:21.19 23 Senior 200 Breast 24 3:08.79

3:46.49 25 10 & under 200 IM 26 3:44.79

5:42.99 27 \*13-14 400 Free 28 5:27.99

5:34.69 29 \*Senior 400 Free 30 5:14.39

(\*Cannot be used as Bonus Events & may need to provide own timers)

**Thursday July 2, 2009**

***Session #2***

1:32.99 31 10 & under 100 Free 32 1:31.09  
1:19.59 33 11-12 100 Free 34 1:17.39  
1:16.19 35 13-14 100 Free 36 1:11.49  
1:14.39 37 Senior 100 Free 38 1:08.39  
54.89 39 10 & Under 50 Breast 40 55.09  
45.59 41 11-12 50 Breast 42 47.09  
1:36.39 43 13-14 100 Breast 44 1:28.09  
1:33.89 45 Senior 100 Breast 46 1:26.39

**Thursday July 2, 2009 - Cont.**

***Session #2 - Continued***

National Girls Boys National

“BB” time Event # Event Name Event # “BB” time

1:48.89 47 10 & under 100 Back 48 1:45.69  
1:31.09 49 11-12 100 Back 50 1:31.39  
3:01.29 51 13-14 200 Back 52 2:54.09  
2:57.99 53 Senior 200 Back 54 2:43.89  
3:14.79 55 11-12 200 IM 56 3:13.89  
3:05.69 57 13-14 200 IM 58 2:55.99  
3:01.19 59 Senior 200 IM 60 2:48.89

**Friday July 3, 2009**

***Session #3***

49.89 61 10 & under 50 Back 62 50.09  
42.29 63 11-12 50 Back 64 42.19  
1:24.29 65 13-14 100 Back 66 1:20.59  
1:22.69 67 Senior 100 Back 68 1:16.49  
48.59 69 10 & under 50 Fly 70 46.89  
39.39 71 11-12 50 Fly 72 39.59  
1:22.89 73 13-14 100 Fly 74 1:16.99  
1:20.39 75 Senior 100 Fly 76 1:13.39  
3:23.59 77 10 & under 200 Free 78 3:13.99  
2:50.79 79 11-12 200 Free 80 2:47.79  
2:44.39 81 13-14 200 Free 82 2:35.19  
2:39.49 83 Senior 200 Free 84 2:28.59  
6:31.09 85 \*13-14 400 IM 86 6:13.19  
6:19.79 87 \*Senior 400 IM 88 5:54.39

(\*Cannot be used as Bonus Events &  
may need to provide own timers)