

2010 Utah Short Course B-C Finale

Hosted by UTAH SWIMMING

Friday & Saturday, March 19-20, 2010

Venue:

South Davis Recreation Center
550 North 200 West
Bountiful, Utah 84010
(801) 298-6220

Date/Times:

Friday, March 19, 2010 Warm-Up @ 12:00 Noon Meet @ 1:00 pm
Saturday, March 20, 2010 Warm-Up @ 12:00 Noon Meet @ 1:00 pm

***Warm-Up will end 10 minutes prior to the starting of the meet.**

Course:

Ten (10) lane, indoor 25 yard pool, with Colorado Timing system, scoreboard and horn start.

Eligibility:

This meet is open to all 2010 registered USA/ Utah Swimming athletes **who have achieved 3 or less 2010 Utah Age Group Championship qualifying times**. Swimmers may not swim any events for which they have qualified for the State Championships. Also swimmers may not swim any events for which they have No Times ("NT").

Meet Format:

This meet will run as timed finals on Friday and Saturday.

Scratch Procedure:

Scratches are due thirty (30) minutes before the beginning of each session. Swimmers missing an event will be disqualified from that event only. No further penalties will be assessed.

Combined Events & Heats:

At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke provided there is at least one empty lane between such combined events.

Entries:

Individual swimmers may enter no more than THREE (3) individual events per day. Swimmers may enter both the Championship meet and the B/C meet, but their total entries may not exceed THREE (3) events total per day.

Individual Entries:

Swimmers may enter no more than THREE (3) events per day. **'No Times' (NT's) will NOT be accepted. Swimmers may not enter any event in which they have achieved a 2010 Utah Age Group State Championship qualifying time.**

Entry Fees:

Surcharge, per participating swimmer: \$8.00
Individual Event Entry: \$4.00
All fees must accompany entries and are nonrefundable.

Entry Deadline:

All entries must be received by Wednesday, March 10, 2010 by 8:00 pm.

If you do not receive email confirmation that your entries have been received within 24 hours of the entry deadline, please contact Jerry immediately.

Awards:

Medals will be awarded for first through eighth place in each event. 13 & over events will be awarded as 13-14 and 15 & over.

Awards will not be mailed out. Teams are responsible for having a representative pick up their awards at the conclusion of the meet.

Timers & Volunteers:

Each team will have volunteer obligations to meet according to the number of swimmers entered per team.

Friday, March 19		
Girls	Warm ups: 12:00 Meet starts: 1:00	Boys
1	10 & Under 200 Free	2
3	11-12 200 Free	4
5	13 & Over 200 Free	6
7	10 & Under 100 Butterfly	8
9	11-12 100 Butterfly	10
11	13 & Over 200 Butterfly	12
13	10 & Under 50 Free	14
15	11-12 50 Free	16
17	13 & Over 50 Free	18
19	10 & Under 50 Breast	20
21	11-12 50 Breast	22
23	13 & Over 100 Breast	24
25	10 & Under 100 Back	26
27	11-12 100 Back	28
29	13 & Over 200 Back	30

Saturday, March 20		
	Warm ups: 12:00 Meet starts: 1:00	
31	10 & Under 100 IM	32
33	11-12 200 IM	34
35	13 & Over 200 IM	36
37	10 & Under 50 Butterfly	38
39	11-12 50 Butterfly	40
41	13 & Over 100 Butterfly	42
43	10 & Under 100 Free	44
45	11-12 100 Free	46
47	13 & Over 100 Free	48
49	10 & Under 50 Back	50
51	11-12 50 Back	52
53	13 & Over 100 Back	54
55	10 & Under 100 Breast	56
57	11-12 100 Breast	58
59	13 & Over 200 Breast	60

2010 Utah Age Group State Championship Time Standards

Girls			Boys			
SCY	SCM	LCM	10-Under Events	LCM	SCM	SCY
35.19	38.99	39.89	50 Free	39.89	38.99	35.19
1:20.39	1:28.59	1:30.79	100 Free	1:31.09	1:28.29	1:20.69
2:58.29	3:16.99	3:25.09	200 Free	3:16.99	3:11.89	2:53.89
7:13.99	6:19.39	6:32.79	400/500 Free	6:29.79	6:16.19	7:09.99
41.59	44.89	46.69	50 Back	48.19	46.19	42.99
1:31.79	1:37.99	1:43.09	100 Back	1:46.09	1:42.39	1:34.59
47.49	50.99	53.69	50 Breast	54.99	53.09	48.69
1:44.99	1:53.19	1:58.59	100 Breast	1:59.79	1:56.19	1:46.49
43.19	47.49	48.59	50 Fly	48.59	47.49	43.19
1:43.59	1:54.29	1:57.69	100 Fly	1:55.49	1:52.59	1:42.09
1:32.09	1:41.99	N/A	100 IM	N/A	1:40.59	1:30.99
3:19.39	3:40.29	3:47.29	200 IM	3:47.29	3:40.29	3:19.39
2:24.79	2:40.79	2:43.59	200 F.R.	2:41.59	2:38.09	2:22.39
2:50.69	3:09.49	3:14.29	200 M.R.	3:14.69	3:10.39	2:51.49
SCY	SCM	LCM	11-12 Events	LCM	SCM	SCY
30.39	33.49	34.59	50 Free	34.79	33.69	30.59
1:07.99	1:14.69	1:17.09	100 Free	1:16.49	1:13.99	1:07.49
2:30.79	2:46.79	2:51.99	200 Free	2:50.69	2:45.29	2:29.79
6:40.09	5:50.09	6:00.09	400/500 Free	5:58.49	5:46.99	6:36.49
36.19	39.39	40.79	50 Back	41.59	40.29	36.89
1:18.69	1:25.69	1:28.59	100 Back	1:29.09	1:26.29	1:19.19
2:52.69	3:10.79	3:17.49	200 Back	3:13.39	3:03.99	2:46.49
40.99	45.09	46.49	50 Breast	46.49	45.09	40.99
1:28.89	1:37.49	1:40.69	100 Breast	1:40.69	1:37.49	1:28.89
3:13.99	3:34.39	3:40.59	200 Breast	3:35.09	3:26.69	3:07.09
35.29	39.09	39.89	50 Fly	40.19	39.29	35.59
1:21.09	1:29.69	1:31.99	100 Fly	1:31.09	1:27.99	1:19.69
2:51.59	3:09.49	3:15.69	200 Fly	3:12.79	3:05.79	2:48.29
1:19.39	1:26.89	N/A	100 IM	N/A	1:26.59	1:18.29
2:50.69	3:08.69	3:12.39	200 IM	3:12.99	3:07.49	2:51.19
6:09.39	6:43.19	6:59.19	400 IM	6:50.29	6:35.29	6:00.69
2:09.19	2:23.49	2:25.59	200 F.R.	2:23.19	2:18.99	2:05.19
4:42.39	5:13.49	5:21.59	400 F.R.	5:10.39	5:04.19	4:33.99
2:25.99	2:42.09	2:45.59	200 M.R.	2:45.59	2:41.09	2:25.09
SCY	SCM	LCM	13-14 Events	LCM	SCM	SCY
28.59	31.49	32.59	50 Free	31.39	30.09	27.59
1:02.99	1:09.19	1:11.49	100 Free	1:08.09	1:05.39	59.99
2:19.09	2:32.99	2:37.59	200 Free	2:32.29	2:26.59	2:14.39
6:15.49	5:26.69	5:35.09	400/500 Free	5:23.99	5:15.49	6:02.99
13:08.29	11:29.89	11:42.79	800/1000 Free	11:23.99	11:07.29	12:43.59
21:53.19	21:45.59	22:23.09	1500/1650 Free	21:55.59	21:10.29	21:17.79
1:11.29	1:16.79	1:20.49	100 Back	1:18.69	1:14.39	1:09.79
2:38.19	2:50.29	2:58.09	200 Back	2:52.99	2:45.09	2:33.79
1:22.39	1:30.29	1:33.49	100 Breast	1:30.49	1:26.59	1:19.89
2:58.09	3:15.39	3:21.69	200 Breast	3:16.09	3:05.59	2:53.19
1:14.49	1:21.89	1:24.09	100 Fly	1:19.39	1:17.39	1:10.09
2:40.99	2:57.89	3:03.69	200 Fly	2:54.99	2:50.79	2:34.59
2:37.39	2:53.79	2:57.79	200 IM	2:51.79	2:44.09	2:31.99
5:44.49	6:20.99	6:30.09	400 IM	6:15.59	6:03.89	5:29.29
2:01.39	2:14.79	2:19.79	200 F.R.	2:12.79	2:07.89	1:55.19
4:25.19	4:54.39	5:03.19	400 F.R.	4:48.79	4:39.29	4:11.59
5:01.99	5:35.29	5:41.69	400 M.R.	5:18.39	5:11.99	4:40.99
SCY	SCM	LCM	Senior Events	LCM	SCM	SCY
27.29	30.39	31.19	50 Free	27.59	26.79	24.09
59.39	1:06.59	1:08.19	100 Free	1:00.29	58.69	52.79
2:09.09	2:23.69	2:26.89	200 Free	2:13.79	2:10.59	1:57.29
5:48.99	5:01.89	5:08.29	400/500 Free	4:45.09	4:38.79	5:22.49
12:21.39	10:45.29	10:58.09	800/1000 Free	10:15.99	10:03.19	11:34.19
20:03.89	20:11.69	20:25.89	1500/1650 Free	19:35.59	19:11.09	19:07.59
1:08.19	1:16.09	1:17.29	100 Back	1:10.69	1:09.49	1:02.19
2:27.29	2:44.89	2:47.29	200 Back	2:33.09	2:30.69	2:14.89
1:17.19	1:25.99	1:27.89	100 Breast	1:19.09	1:17.09	1:09.09
2:46.89	3:06.19	3:10.19	200 Breast	2:59.59	2:55.59	2:37.69
1:07.89	1:15.79	1:17.29	100 Fly	1:08.39	1:06.99	59.99
2:34.69	2:51.89	2:54.69	200 Fly	2:41.19	2:37.39	2:21.29
2:26.89	2:43.59	2:46.79	200 IM	2:32.09	2:28.89	2:13.29
5:18.29	5:56.09	6:02.49	400 IM	5:32.39	5:25.99	4:51.09
1:55.59	2:08.39	2:12.19	200 F.R.	1:57.99	1:54.09	1:42.59
4:10.19	4:38.19	4:45.99	400 F.R.	4:17.79	4:08.89	3:43.79
4:45.89	5:17.79	5:24.19	400 M.R.	4:53.29	4:46.89	4:17.99