

## 2005-2008 National Age Group Motivational Times - Top 16 Based (SCY)

Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	10 & Under	AAAA	AAA	AA	A	BB	B	JO's
35.19	40.09	36.19	32.39	31.09	29.79	28.49	50 Free	28.29	29.49	30.69	31.89	35.59	39.19	35.19
1:20.39	1:31.89	1:22.09	1:12.29	1:09.09	1:05.79	1:02.59	100 Free	1:01.49	1:04.59	1:07.69	1:10.79	1:19.99	1:29.19	1:20.69
2:58.29	3:20.19	2:58.29	2:36.39	2:29.09	2:21.79	2:14.39	200 Free	2:12.89	2:19.29	2:25.59	2:31.89	2:50.89	3:09.89	2:53.89
7:13.99	8:30.49	7:39.49	6:48.39	6:31.39	6:14.39	5:57.39	500 Free	5:54.09	6:10.89	6:27.79	6:44.59	7:35.19	8:25.79	7:09.99
41.59	48.89	43.49	38.19	36.39	34.59	32.79	50 Back	32.89	34.69	36.59	38.39	43.89	49.29	42.99
1:31.79	1:45.69	1:33.99	1:22.19	1:18.29	1:14.39	1:10.49	100 Back	1:10.79	1:14.39	1:18.09	1:21.69	1:32.49	1:43.29	1:34.59
47.49	53.59	47.79	41.99	40.09	38.19	36.29	50 Breast	36.69	38.59	40.59	42.49	48.19	53.89	48.69
1:44.99	1:59.99	1:46.69	1:33.39	1:28.89	1:24.49	1:19.99	100 Breast	1:20.59	1:24.69	1:28.69	1:32.69	1:44.79	1:56.79	1:46.49
43.19	48.79	42.99	37.29	35.29	33.39	31.49	50 Fly	31.29	33.09	34.89	36.69	41.99	47.29	43.19
1:43.59	1:57.49	1:42.09	1:26.69	1:21.59	1:16.49	1:11.29	100 Fly	1:10.89	1:15.89	1:20.79	1:25.69	1:40.59	1:55.39	1:42.09
1:32.09	1:45.69	1:34.39	1:23.19	1:19.39	1:15.69	1:11.89	100 IM	1:11.09	1:14.49	1:17.89	1:21.29	1:31.39	1:41.59	1:30.99
3:19.39	3:42.69	3:19.39	2:55.99	2:48.19	2:40.39	2:32.69	200 IM	2:32.49	2:40.09	2:47.69	2:55.29	3:18.09	3:40.89	3:19.39
JO's	B	BB	A	AA	AAA	AAAA	11-12	AAAA	AAA	AA	A	BB	B	JO's
30.39	34.59	32.19	29.79	28.59	27.39	26.19	50 Free	25.09	26.19	27.39	28.59	30.99	33.39	30.59
1:07.99	1:13.59	1:08.29	1:03.09	1:00.49	57.79	55.19	100 Free	54.99	57.59	1:00.19	1:02.89	1:08.09	1:13.29	1:07.49
2:30.79	2:43.49	2:31.79	2:20.19	2:14.29	2:08.49	2:02.59	200 Free	1:59.49	2:05.19	2:10.89	2:16.59	2:27.99	2:39.39	2:29.79
6:40.09	7:10.79	6:40.09	6:09.29	5:53.89	5:38.49	5:23.09	500 Free	5:19.09	5:34.29	5:49.49	6:04.69	6:35.09	7:05.49	6:36.49
	15:01.79	13:57.39	12:52.99	12:20.79	11:48.49	11:16.29	1000 Free	11:12.79	11:44.89	12:16.89	12:48.89	13:52.99	14:57.09	
	25:18.59	23:30.19	21:41.69	20:47.49	19:53.19	18:58.99	1650 Free	18:53.89	19:47.89	20:41.89	21:35.89	23:23.89	25:11.89	
36.19	39.99	37.09	34.29	32.79	31.39	29.99	50 Back	29.19	30.69	32.19	33.69	36.79	39.79	36.89
1:18.69	1:28.89	1:21.89	1:14.89	1:11.39	1:07.89	1:04.39	100 Back	1:02.19	1:05.59	1:08.89	1:12.29	1:19.09	1:25.79	1:19.19
2:52.69	3:03.39	2:50.19	2:37.09	2:30.59	2:23.99	2:17.49	200 Back	2:14.59	2:20.99	2:27.39	2:33.79	2:46.59	2:59.39	2:46.49
40.99	44.29	41.09	37.99	36.39	34.79	33.19	50 Breast	32.29	34.09	35.79	37.59	41.09	44.59	40.99
1:28.89	1:36.39	1:29.29	1:22.19	1:18.59	1:15.09	1:11.49	100 Breast	1:10.09	1:13.79	1:17.39	1:21.09	1:28.39	1:35.69	1:28.89
3:13.99	3:27.29	3:12.49	2:57.69	2:50.29	2:42.89	2:35.49	200 Breast	2:31.39	2:38.59	2:45.79	2:52.99	3:07.39	3:21.79	3:07.09
35.29	38.09	35.39	32.69	31.29	29.89	28.59	50 Fly	27.79	29.39	30.89	32.39	35.49	38.59	35.59
1:21.09	1:27.59	1:20.59	1:13.59	1:10.09	1:06.59	1:03.09	100 Fly	1:01.49	1:05.09	1:08.59	1:12.19	1:19.29	1:26.39	1:19.69
2:51.59	3:06.29	2:52.99	2:39.69	2:33.09	2:26.39	2:19.79	200 Fly	2:18.49	2:25.09	2:31.69	2:38.29	2:51.49	3:04.69	2:48.29
1:19.39	1:26.49	1:20.29	1:14.09	1:11.09	1:07.99	1:04.89	100 IM	1:02.99	1:05.99	1:09.09	1:12.19	1:18.29	1:24.39	1:18.29
2:50.69	3:04.99	2:51.79	2:38.59	2:31.99	2:25.39	2:18.79	200 IM	2:15.19	2:22.09	2:28.99	2:35.89	2:49.69	3:03.49	2:51.19
6:09.39	6:34.39	6:06.19	5:38.09	5:23.99	5:09.89	4:55.79	400 IM	4:50.49	5:04.29	5:18.09	5:31.99	5:59.59	6:27.29	6:00.69
JO's	B	BB	A	AA	AAA	AAAA	13-14	AAAA	AAA	AA	A	BB	B	JO's
28.59	33.39	30.99	28.69	27.49	26.29	25.09	50 Free	23.29	24.39	25.49	26.59	28.79	31.09	27.59
1:02.99	1:12.59	1:07.39	1:02.19	59.59	57.09	54.49	100 Free	50.79	53.19	55.59	57.99	1:02.89	1:07.69	59.99
2:19.09	2:36.59	2:25.39	2:14.19	2:08.59	2:02.99	1:57.49	200 Free	1:50.09	1:55.39	2:00.59	2:05.79	2:16.29	2:26.79	2:14.39
6:15.49	6:51.79	6:22.39	5:52.99	5:38.29	5:23.49	5:08.79	500 Free	4:56.99	5:11.09	5:25.29	5:39.39	6:07.69	6:35.99	6:02.99
13:08.29	14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	1000 Free	10:13.79	10:43.09	11:12.29	11:41.49	12:39.99	13:38.39	12:43.59
21:53.19	23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Free	17:03.29	17:51.99	18:40.79	19:29.49	21:06.99	22:44.39	21:17.79
1:11.29	1:20.19	1:14.39	1:08.69	1:05.89	1:02.99	1:00.09	100 Back	56.79	59.49	1:02.19	1:04.89	1:10.29	1:15.69	1:09.79
2:38.19	2:51.79	2:39.59	2:27.29	2:21.19	2:14.99	2:08.89	200 Back	2:02.09	2:07.89	2:13.69	2:19.49	2:31.09	2:42.79	2:33.79
1:22.39	1:30.99	1:24.49	1:17.99	1:14.79	1:11.49	1:08.29	100 Breast	1:03.29	1:06.29	1:09.29	1:12.29	1:18.39	1:24.39	1:19.89
2:58.09	3:15.99	3:01.99	2:47.99	2:40.99	2:33.99	2:26.99	200 Breast	2:16.79	2:23.29	2:29.79	2:36.29	2:49.39	3:02.39	2:53.19
1:14.49	1:19.39	1:13.79	1:08.09	1:05.29	1:02.39	59.59	100 Fly	55.49	58.09	1:00.79	1:03.39	1:08.69	1:13.99	1:10.09
2:40.99	2:53.39	2:40.99	2:28.59	2:22.39	2:16.29	2:10.09	200 Fly	2:03.19	2:09.99	2:14.99	2:20.79	2:32.59	2:44.29	2:34.59
2:37.39	2:56.49	2:43.89	2:31.29	2:24.99	2:18.69	2:12.39	200 IM	2:04.09	2:09.99	2:15.89	2:21.89	2:33.69	2:45.49	2:31.99
5:44.49	6:12.89	5:46.19	5:19.59	5:06.29	4:52.99	4:39.69	400 IM	4:24.59	4:37.19	4:49.79	5:02.39	5:27.59	5:52.79	5:29.29

## 2005-2008 National Age Group Motivational Times - Top 16 Based (SCY)

Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	15-16	AAAA	AAA	AA	A	BB	B	JO's
27.29	32.89	30.49	28.19	26.99	25.89	24.69	50 Free	22.19	23.29	24.29	25.39	27.49	29.59	24.09
59.39	1:11.29	1:06.19	1:01.09	58.59	55.99	53.49	100 Free	48.49	50.79	53.09	55.39	59.99	1:04.59	52.79
2:09.09	2:33.39	2:22.39	2:11.49	2:05.99	2:00.49	1:54.99	200 Free	1:45.69	1:50.69	1:55.79	2:00.79	2:10.89	2:20.89	1:57.29
5:48.99	6:46.39	6:17.39	5:48.39	5:33.79	5:19.29	5:04.79	500 Free	4:44.59	4:58.19	5:11.69	5:25.29	5:52.29	6:19.39	5:22.49
12:21.39	13:55.19	12:55.49	11:55.89	11:25.99	10:56.19	10:26.39	1000 Free	9:48.19	10:16.19	10:44.19	11:12.19	12:08.19	13:04.19	11:34.19
20:03.89	23:18.89	21:38.89	19:58.89	19:08.99	18:18.99	17:29.09	1650 Free	16:26.99	17:13.99	18:00.99	18:47.99	20:21.89	21:55.89	19:07.59
1:08.19	1:18.99	1:13.29	1:07.69	1:04.89	1:02.09	59.19	100 Back	53.69	56.19	58.79	1:01.29	1:06.39	1:11.49	1:02.19
2:27.29	2:50.19	2:37.99	2:25.89	2:19.79	2:13.69	2:07.59	200 Back	1:56.09	2:01.59	2:07.09	2:12.69	2:23.69	2:34.79	2:14.89
1:17.19	1:29.09	1:22.69	1:16.39	1:13.19	1:09.99	1:06.79	100 Breast	1:00.59	1:03.39	1:06.29	1:09.19	1:14.99	1:20.69	1:09.09
2:46.89	3:12.09	2:58.39	2:44.69	2:37.79	2:30.89	2:24.09	200 Breast	2:11.39	2:17.59	2:23.89	2:30.09	2:42.59	2:55.09	2:37.69
1:07.89	1:17.99	1:12.39	1:06.89	1:04.09	1:01.29	58.49	100 Fly	52.99	55.49	57.99	1:00.49	1:05.59	1:10.59	59.99
2:34.69	2:50.99	2:38.79	2:26.59	2:20.49	2:14.39	2:08.29	200 Fly	1:57.59	2:03.19	2:08.79	2:14.39	2:25.59	2:36.79	2:21.29
2:26.89	2:53.09	2:40.69	2:28.39	2:22.19	2:15.99	2:09.79	200 IM	1:58.69	2:04.39	2:09.99	2:15.69	2:26.99	2:38.29	2:13.29
5:18.29	6:06.49	5:40.29	5:14.09	5:00.99	4:47.89	4:34.89	400 IM	4:12.99	4:24.99	4:37.09	4:49.09	5:13.19	5:37.29	4:51.09
JO's	B	BB	A	AA	AAA	AAAA	17-18	AAAA	AAA	AA	A	BB	B	JO's
27.29	32.79	30.49	28.19	26.99	25.79	24.59	50 Free	21.79	22.79	23.79	24.89	26.89	28.99	24.09
59.39	1:10.89	1:05.79	1:00.79	58.19	55.69	53.19	100 Free	47.59	49.79	52.09	54.29	58.89	1:03.39	52.79
2:09.09	2:32.29	2:21.49	2:10.59	2:05.09	1:59.69	1:54.29	200 Free	1:43.49	1:48.49	1:53.39	1:58.29	2:08.19	2:17.99	1:57.29
5:48.99	6:43.89	6:14.99	5:46.19	5:31.79	5:17.29	5:02.89	500 Free	4:37.99	4:51.19	5:04.49	5:17.69	5:44.19	6:10.59	5:22.49
12:21.39	13:52.59	12:53.09	11:53.59	11:23.89	10:54.19	10:24.39	1000 Free	9:40.89	10:08.49	10:36.19	11:03.89	11:59.19	12:54.49	11:34.19
20:03.89	23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Free	16:08.79	16:54.89	17:41.09	18:27.19	19:59.39	21:31.69	19:07.59
1:08.19	1:18.19	1:12.59	1:06.99	1:04.19	1:01.39	58.59	100 Back	52.49	54.99	57.49	59.99	1:04.99	1:09.99	1:02.19
2:27.29	2:47.89	2:35.89	2:23.89	2:17.89	2:11.89	2:05.89	200 Back	1:52.99	1:58.29	2:03.69	2:09.09	2:19.89	2:30.59	2:14.89
1:17.19	1:29.09	1:22.69	1:16.39	1:13.19	1:09.99	1:06.79	100 Breast	59.09	1:01.89	1:04.79	1:07.59	1:13.19	1:18.79	1:09.09
2:46.89	3:12.29	2:58.59	2:44.79	2:37.99	2:31.09	2:24.19	200 Breast	2:09.19	2:15.29	2:21.49	2:27.59	2:39.89	2:52.19	2:37.69
1:07.89	1:16.99	1:11.49	1:05.99	1:03.29	1:00.49	57.79	100 Fly	51.79	54.19	56.69	59.09	1:04.09	1:08.99	59.99
2:34.69	2:48.19	2:36.19	2:24.19	2:18.19	2:12.19	2:06.19	200 Fly	1:53.39	1:58.79	2:04.19	2:09.59	2:20.39	2:31.19	2:21.29
2:26.89	2:51.49	2:39.19	2:26.99	2:20.89	2:14.69	2:08.59	200 IM	1:55.99	2:01.49	2:06.99	2:12.49	2:23.59	2:34.59	2:13.29
5:18.29	6:04.39	5:38.29	5:12.29	4:59.29	4:46.29	4:33.29	400 IM	4:07.69	4:19.49	4:31.29	4:43.09	5:06.69	5:30.29	4:51.09
Women							Event	Men						
SECT	JR Nats	US OPEN	SPR NAT (18)	SPR NAT (19)	SUM NAT	WCTrials	Event	WCTrials	SUM NAT	SPR NAT (19)	SPR NAT (18)	US OPEN	JR Nats	SECT
25.29	23.69	22.99	23.79	23.59	23.29	23.29	50 Free	20.49	20.49	20.69	20.99	20.29	21.19	22.49
54.69	51.29	50.19	51.59	51.19	50.59	50.59	100 Free	44.89	44.89	45.29	45.89	44.49	46.29	49.09
1:57.39	1:50.39	1:48.29	1:51.09	1:50.29	1:49.09	1:49.09	200 Free	1:38.89	1:38.89	1:39.69	1:40.89	1:38.09	1:41.39	1:47.69
5:12.19	4:53.19	4:47.79	4:54.49	4:52.49	4:49.49	4:49.49	500 Free	4:27.19	4:27.19	4:29.19	4:32.19	4:25.29	4:33.79	4:51.69
10:52.09	10:05.99	9:58.89	10:07.09	10:03.09	10:01.09	10:01.09	1000 Free		9:20.99	9:22.99	9:30.99	9:16.89	9:29.39	10:14.69
18:23.99	16:48.49	16:30.59	16:56.79	16:50.19	16:46.89		1650 Free	15:34.99	15:34.99	15:41.59	15:51.49	15:30.69	15:51.49	17:26.09
1:01.19	56.89	55.79	57.09	56.69	56.09	56.09	100 Back	49.99	49.99	50.49	51.09	49.59	51.59	56.09
2:12.09	2:02.39	2:00.09	2:02.99	2:02.19	2:00.99	2:00.99	200 Back	1:48.79	1:48.79	1:49.59	1:50.79	1:47.89	1:51.79	2:01.79
1:09.69	1:04.39	1:03.19	1:04.59	1:04.19	1:03.59	1:03.59	100 Breast	56.29	56.29	56.69	57.29	55.89	57.99	1:02.19
2:31.09	2:18.79	2:16.69	2:19.49	2:18.69	2:17.49	2:17.49	200 Breast	2:02.59	2:02.59	2:03.39	2:04.59	2:01.69	2:06.29	2:18.49
1:00.29	55.99	54.99	56.59	56.19	55.39	55.39	100 Fly	49.19	49.19	49.49	50.09	48.59	50.69	54.09
2:14.29	2:03.09	2:01.79	2:03.89	2:03.09	2:01.49	2:01.49	200 Fly	1:49.69	1:49.69	1:50.49	1:50.69	1:49.69	1:52.29	2:01.79
2:12.59	2:04.09	2:01.79	2:04.89	2:04.09	2:02.89	2:02.89	200 IM	1:50.49	1:50.49	1:51.29	1:52.49	1:49.69	1:52.99	2:00.69
4:42.79	4:22.39	4:19.79	4:25.69	4:23.79	4:21.39	4:21.39	400 IM	3:56.59	3:56.59	3:58.19	4:00.59	4:00.49	4:07.59	4:18.89